

Unit Plans

Subject : PE
Teacher: Michele Allen

Grade: Three
Year: 2013-2014

Timeline	Theme / Topic / Concepts / Structures	Dimensions / Focus / Objectives / Learner Expectations	Resources	Instructional Procedures / Methods*	Evaluation Techniques
September	- Introduction to playground and safety of PE - Disc Golf - Group Games	<i>Students will acquire skills through a variety of developmentally appropriate movement activities; dance, games, types of gymnastics, individual activities and activities in an alternative environment; e.g., aquatics and outdoor pursuits.</i>	Various music Equipment Alberta learning PE Curriculum guide	Modeling Demonstrations Questioning Class discussion Small group Cooperative Learning Teacher presentations Role Play Experimentation Observation Reflection Audio-visuals	Teacher Observation (groups/ individuals) Anecdotal records Written tests Checklists Presentations Self-evaluation Peer-evaluations Participation Willingness
October	- Soccer - Ball Handling - Parachute	<i>Students will understand, experience and appreciate the health benefits that result from physical activity.</i> x Functional Fitness x Body Image x Well-being			
November	- Scooters - Floor Gymnastics	<i>Students will interact positively with others.</i> x Communication			
December	- Dance - Rythmics	x Fair Play x Leadership x Teamwork			
January	- Fitness - Speed stacks	<i>Students will assume responsibility to lead an active way of life.</i> x Effort x Safety x Goal Setting/Personal			
				Continued use throughout the year in all themes.	Continued use throughout the year in all themes.

February	-Volleyball	Challenge x Active Living in the Community			
March	-Basketball				
April	-Floor Hockey - yoga and stretching				
May	-Track and Field -Swimming				
June	- Kickball -Baseball -Lacross				