

Unit Plans

Subject: Health
Teacher: Michele Allen

Grade: Three
Year: 2013-2014

Timeline	Theme / Topic / Concepts / Structures	Dimensions / Focus / Objectives / Learner Expectations	Resources	Instructional Procedures / Methods	Evaluation Techniques
September to December	WELLNESS CHOICES	<p>Personal Health/Safety & Responsibility Students will: make responsible and informed choices to maintain health and to promote safety for self and others understand that God gives us the gifts of life and health, we are called to care and respect these precious gifts</p>	<p>Alberta Learning Curriculum Guide District IMC Teacher Resource Files Canada Food Guide Library Materials</p>	<p>Modeling Brainstorming Demonstrations Questioning Class discussion Student presentations Teacher presentations Role Play Dramatization Games</p>	<p>Student Products Teacher Observation (groups/ individuals) Anecdotal records Written tests Checklists Oral Presentations Self-evaluation Peer-evaluations Participation</p>
January to March	RELATIONSHIP CHOICES	<p>Understanding and Expressing Feelings/ Interactions/ Group Roles and Processes Students will: develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions understand the glory of God is in fully alive people who revere the dignity that all persons share by being created in God's likeness and image</p>			
March to June	LIFE LEARNING CHOICES	<p>Learning Strategies/ Life Roles and Career Development/ Volunteerism Students will: use resources effectively to manage and explore life roles and career opportunities and challenges understand our Christian vocation is to use our gifts, talents and the resources available to us in building God's reign of peace and love by serving others</p>		Continued use throughout the year in all themes.	Continued use throughout the year in all themes.

