

Teacher Instructional Long Range Plans
2013 – 2014

Teacher: Michele Allen Grade : 3 Subject: Health

	General Outcomes	Learning Activities
September	Wellness Choice Self-Awareness and Acceptance	Develop personal strengths -everyone is good at something -self worth/self esteem
October	Wellness Choice Self-Awareness and Acceptance	Positive feelings -looking on the bright side -seeing the good in others
November	Wellness Choice Self-Awareness and Acceptance	Failure and discouragements -learn from failure Getting back up when you are down
December	Relationship Choices Relating To Others	Developing friendships -friends can agree and disagree -friendships take time to build
January	Relationship Choices Relating To Others	Grown-ups can help -they have been through it Positive attitude toward self and others
February	Relationship Choices Life Careers	Mastering skills will help in future careers Developing good school habits can help with careers
March	Life Learning Body Knowledge and Care	Nutrition and exercise affect the body Identify food requirements
April	Life Learning Body Knowledge and Care	Cleanliness is a factor in how others feel about us Importance of dental visits
May	Life Learning Body Knowledge and Care	Refuse to accept substances Community/online safety
June	Review of All	Review the three areas Emphasis is on overall well-being